

### Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
neopolitan ice cream kids					M		M Alm Brz Cas Haz Mac Pec Pis Wal	Y	M	Y					
fresh cut fruit salad kids															
Marshmellow, banana and Blondie sundae	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
chocolate Rocky Road	Y Whe Rye Bar Oat				M		M Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					

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■ Yes
 ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
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ciabatta, olives and bread stick	Y <small>Whe Bar</small>						M <small>Haz Wal</small>	M		M		M	M	Y	
Bruschetta 2021	Y <small>Unknown</small>										M	M		Y	
garlic flat bread	Y <small>Whe</small>								Y	Y	M				
calamari, garlic aioli, lemon	Y <small>Whe</small>	M	Y	M				Y	Y	M	M				
pea & pecorino risotto ball, bluecheese dressing	Y <small>Whe</small>								Y	Y		Y		Y	
Mozzarella Sticks	Y <small>Whe</small>							Y	M	Y	Y	M			
prosscutio, rocket, parmesan, balsamic									Y	Y	M	M		Y	
crostini_garlic, sour dough, herb mascarpone	Y <small>Whe</small>						M <small>Haz Wal</small>	M	Y	Y	M	M	M		

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Roccas Tiramisu	Y Whe							Y	Y	Y					
Panna Cotta, yoghurt and vanilla, blueberry compote, amaretti	M Unknown						Y Alm	M		Y				Y	
lemon polenta cake, mixed berries, orange grappa curd					M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	Y	M	M	M	Y	
chocolate and almond slice, vanilla ice cream and chocolate sauce	Y Whe				M		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y			M	Y	
gelato					M		M Alm Brz Cas Haz Mac Pec Pis Wal	Y	M	Y					

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mozzarella, parma ham, tomato, basil										Y	M	M		Y	
warm goats cheese salad	Y Whe							M		Y	M	Y	M	Y	
Caesar salad 2023	Y Whe			Y				Y	Y	Y	M	Y	M		
Caesar salad 2023 Chicken	Y Whe Bar			Y				Y	Y	Y	M	Y	M		
Dolcelatte, pear, toasted pecan salad					M		Y Pec		Y	Y					
italian bread salad	Y Whe						M Haz Wal	M		Y	M	Y	M	Y	

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Kids garlic bread	Y Whe						M Haz Wal	M		Y	M		M		
mixed melon kids															
vegetables with Hummus kids											Y		Y		
Breaded Mozzarella fingers	Y Whe							Y	M	Y		M			
kids Heinz Tomato Soup										Y					
Garlic Dough balls							M Unknown	M	Y	Y					
garlic flat bread	Y Whe								Y	Y	M				

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Kids sausage and mash	Y Whe							M	M	Y	M	M		Y	
kids popcorn chicken	Y Whe								Y						
penne pasta with tomato sauce	Y Whe							M		Y					
Kids Margarita pizza	Y Whe									Y					
kids spaghetti bolognaise	Y Whe								Y	Y	Y			Y	
creamy chicken, pea penne pasta	Y Whe								Y	Y					
chicken bites, peas and fries	Y Whe							M	M	M	Y	M			

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spaghetti bolognaise	Y Whe								Y	Y	Y			Y	
penne-arrabiata	Y Whe								Y	Y	Y			Y	
rigatoni chiciken,garlic,red pepper, pea	Y Whe									Y	Y			Y	
Linguine, smoked salmon, chilli and parsley	Y Whe			Y						Y				Y	
cannelloni, kale and three cheese	Y Whe Bar						M Unknown	M	M	Y	M		M		
Baked Gnocchi, chestnut Mushroom, artichike, tomato & Spinach	Y Whe Bar	M	M	M			M Unknown	M	Y	Y	Y	Y	M	Y	
oven baked salmon, tortelloni, sage and lemon	Y Whe	M	M	Y			M Haz Pis	M	Y	Y	M	M		Y	
meat balls-beef mince, spagghetti,tomato,parmesan	Y Whe							Y	Y	Y	Y			Y	

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lasagna	Y Whe Bar						M Unknown	M	Y	Y	Y	Y	M	Y	

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pizza-margherita	Y Whe									Y					
pizza-roccas meat feast	Y Whe									Y					
pizza-bbq chicken	Y Whe									Y					
pizza-mediterranea	Y Whe	M	M	M				M		Y	M	M			
pizza-hot and smokey beef	Y Whe									Y	M				
pizza-capra	Y Whe									Y					
pizza-Grand verde	Y Whe	M	M	M				M		Y	M	M			

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