

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Sam's clubhouse full breakfast	Y Whe Rye							Y	Y	Y	M	M		Y	
vegetarian Full Breakfast	Y Whe Rye							Y	Y						
vegan Full Breakfast 2023	Y Whe Rye							Y							
Poached eggs with smashed avocado	Y Whe Bar							Y	Y	Y					
Toast, Butter & Preserves	Y Whe Rye							Y		Y					
Porridge with fresh blueberries and hazelnuts	Y Whe Bar Oat				M		Y Alm Brz Cas Haz Mac Pec Pis Wal			Y					
Bacon Bap	Y Whe									Y			M		

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Sausage Bap	Y Whe							M	M	Y	M	M	M	Y	
Egg Bap	Y Whe								Y	Y			M		
muffin-bacon	Y Whe							Y		Y					
muffin-sausage	Y Whe							Y	M	Y	M	M		Y	
Breakfast eggs Roll	Y Whe								Y	Y			M		
extra -blackpudding	Y Whe Bar Oat														
extra-avocado															
extra-hash browns															
extra-mushroom															
on the green smoothie										Y					
banana, strawberry yogurt and granola smoothie	Y Whe Bar Oat									Y				Y	
loaded english muffin	Y Whe							Y	Y	M	M	M		Y	

* Allergens marked with 'M' may contain that allergen.

■ Yes
 ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts